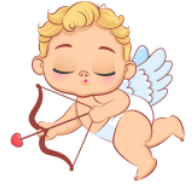
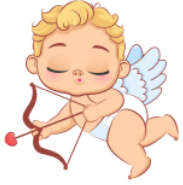


# GECAC UNION CITY SENIOR CENTER

27 Johnson Street, Union City PA, 16438—(814) 438-2146

Open Mon. through Thurs. 9 a.m. to 3p.m.

Laura Spaid, Senior Center Director  
Nancy Clabbatz, Senior Center Assistant



## February 2025 Newsletter

### INCOME TAX SEASON

It's that time of year already to be thinking about getting your income taxes and Property tax/Rent Rebates done. We are taking appointments up through April 10th. Please do not wait to make your appointment as they do fill up fast. Please remember to bring your drivers license, last years taxes, and your 2024 tax receipts. If you rent, bring in proof of rent paid for 2024.

### FEBRUARY BIRTHDAYS

5th Norm Troyer  
6th Ed Falconer  
Linda Zielinski  
9th Tara Upton  
10th David Boleratz  
12th Lisa Drissel  
15th Laura Hanes  
16th Larry Curtis  
18th Marge Heginbotham  
21st Lois Calfo  
23rd Nancy Clabbatz



### HAPPY ANNIVERSARY

16th Arlo Mary Brenneman

**If we have missed your birthday or anniversary please let us know so we can add you to our list!**

### VALENTINE SMILE

On Valentine's Day we think of those  
Who make our lives worthwhile,  
Those gracious, friendly people who  
We think of with a smile  
I am fortunate to know you,  
That's why I want to say,  
To rare and special people:  
Happy Valentine's Day!



### GECAC's Inclement Weather Protocol

Remember that during the winter months, if the Union City School District has a two hour delay or closes for the day; our Center will be Closed. Please Watch TV Stations (12, 24 or 35) to keep informed. There may be times when the school is open so please be sure to check your local listings.


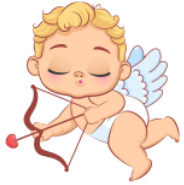

Please remember to bring an extra sweater during the winter to help keep you warm in the Center. Also, we would appreciate it, if you would bring an extra pair of shoes, or slippers and remove your boots at the door. This will help keep our floors dry/safe during the winter months.





# FEBRUARY 2025



Monday	Tuesday	Wednesday	Thursday
<p>Lunch is served between 11:45 and 12:00.</p> <p>Menu is subject to change.</p>		<p>Don't forget to schedule your appointment to get your income taxes done!</p>	
<p><b>3 CHILI</b></p> <p>9:00 Fitness 11:30 Bonanza Bingo 12:30 Bingo</p>	<p><b>4 PORK ROAST</b></p> <p>9:00 Line Dance 11:00 Arthritis Exercise 12:30 Crafts</p>	<p><b>5 STUFFED CHICKEN BREAST</b></p> <p>9:00 Fitness 9:00 Poker 12:30 Bingo <b>TAXES</b></p>	<p><b>6 HAMBURGER</b></p> <p>9:15 Tai Chi 10:00 Line Dance <b>TAXES</b></p>
<p><b>10 STUFFED CABBAGE</b></p> <p>9:00 Fitness 11:30 Bonanza Bingo 12:30 Bingo</p>	<p><b>11 CHICKEN TENDERS</b></p> <p>9:00 Line Dance 11:00 Arthritis Exercise 12:30 Crafts</p>	<p><b>12 MEATLOAF</b></p> <p>9:00 Fitness 9:00 Poker 12:30 Bingo <b>TAXES</b></p>	<p><b>13 PORK CHOPS</b></p> <p>9:15 Tai Chi 10:00 Line Dance 11:00 Trivia <b>TAXES</b></p>
<p><b>17 CENTER CLOSED</b></p> 	<p><b>18 CHICKEN SALAD</b></p> <p>9:00 Line Dance 11:00 Arthritis Exercise 12:30 Crafts</p>	<p><b>19 SWEET &amp; SOUR MEATBALLS</b></p> <p>9:00 Fitness 9:00 Poker 12:30 Bingo <b>TAXES</b></p>	<p><b>20 HAM CASSEROLE</b></p> <p>9:15 Tai Chi 10:00 Line Dance <b>TAXES</b></p>
<p><b>24 CHICKEN &amp; BISCUIT</b></p> <p>9:00 Fitness 11:30 Bonanza Bingo 12:30 Bingo</p>	<p><b>25 BEEF STEW</b></p> <p>9:00 Line Dance 11:00 Arthritis Exercise 11:30 Speaker</p>	<p><b>26 SALISBURY STEAK</b></p> <p>9:00 Fitness 9:00 Poker 12:30 Bingo <b>TAXES</b></p>	<p><b>27 CHICKEN CORDON BLEU</b></p> <p>9:15 Tai Chi 10:00 Line Dance 11:00 Family Feud <b>TAXES</b></p>



## How Do Your Donations and Fundraised Dollars Help Our Center?

**Meal Donations** help to off-set the cost of meals. On average, the actual cost of the meal is over \$7.00. Meal donations also help to maintain the building and maintain or replace if needed, a stove, a refrigerator, or a freezer. These dollars are vital to maintaining the Center and its daily operations.

**Booster Donations and Fundraised Dollars** help to pay for parties, entertainment and more. They also help to pay for programming opportunities like exercise, craft classes, computer usage, and again, more. These dollars are vital to your programming options and enjoyment of the Center.

**Donations and Fundraisers** are all voluntary; however, please continue to support your Center by whatever means you are able. The Centers and their services mean so much, to so many, and your support goes a long way towards helping your Center continue to offer programming and services. Would you like to make other donations? Ask us how you can help.

**WE APPRECIATE YOUR DONATIONS!**

The GECAC Union City Senior Center, Operated by Greater Erie Community Action Committee (GECAC), Area Agency On Aging, is funded in part by the Department Of Aging.



Dr. Benjamin Wilson, CEO



Ray Maholtz,  
AAA Division Manager

## SOME REMINDERS FOR YOU

The GECAC Union City Senior Center is meant to be our home away from home. That being said we are finding that many of us are not the best at cleaning up after ourselves. Please be courteous enough that if you drop or spill something that you clean it up or ask for help if you are unable to. We have a recycling trash can and many times we find trash in it. Please be mindful that you are discarding your garbage into the correct receptacle.

If you choose to not participate in the Congregate meal program that is your choice, we are still happy to see you participate in the activities offered. We do ask that you continue to donate to the center as that helps to pay for our activities and instructors. It also helps to pay for plates, napkins, silverware if someone were to bring in treats to share. This gives you an idea of how your donation dollars are spent.

## SNACKS AND BEVERAGES

I would like to remind everyone that we do offer snacks and beverages but they are not free, the center has to purchase these items for you. We ask for a donation of at least 50 cents per item. For those of you that do donate snacks WE APPRECIATE YOU! We accept unopened, individually wrapped snacks any time.

## **MEDICARE MINUTE...**

Did you know? Medicare Part B will cover diagnostic hearing and balance exams if your Medicare enrolled doctor or health care provider orders them to find medical treatment.

You can also see an audiologist once every 12 months without an order from your health care provider, but only for:

- Non-acute hearing conditions (like hearing loss that occurs over many years)
- Diagnostic services related loss that's treated with surgically implanted hearing devices

To find out how much your test, items or service will cost, talk to your doctor or health care provider. The specific amount you'll owe may depend on several things, like:

- Other insurance you may have
- How much your doctor charges
- If your doctor accepts assignment
- The type of facility
- Where you get the test, item or service

Your doctor or other health care provider may recommend you get services more often than Medicare covers. Or, they may recommend services that Medicare does not cover. If this happens, you may have to pay some or all of the costs. Ask questions so you understand why your doctor is recommending certain services and if, or how much Medicare will pay for them. Medicare Part B **does not** cover hearing aids or exams for fitting hearing aids.