



GECAC UNION CITY SENIOR CENTER

27 Johnson Street, Union City PA, 16438—(814) 438-2146

Open Mon. through Thurs. 9 a.m. to 3p.m.

Laura Spaid, Senior Center Director
Nancy Clabbatz, Senior Center Assistant



March 2025 Newsletter

INCOME TAX SEASON



Tax season is in full swing and appointment slots are limited. We are taking appointments up through April 10th.

Please do not wait to make your appointment as they do fill up fast. Please remember to bring your drivers license, last years taxes, and your 2024 tax receipts. If you rent, bring in proof of rent paid for 2024.

MARCH BIRTHDAYS

- 10th Warren Willey
- 12th Barb Wright
- 12th Charles Malay
- 20th Marge Wilkins
- 20th Cathy Anthony
- 21st Nancy Franczkowski
- 24th Steven Zielinski
- 29th Kay Birch
- 30th Rich Durning



If we have missed your birthday or anniversary please let us know so we can add you to our list!

SENIORS FOR SAFE DRIVING CLASS



A Seniors For Safe Driving workshop will be held on Friday, April 11th, from 9:00-1:00. This is PennDOT approved for drivers 55+ and offers a minimum of 5% discount depending on your auto insurance. Call your insurance agent for more information on the discount. Reservations for the workshop can be made by calling **1-800-559-4880** or by going online to **ww.seniorsforsafedriving.com**.

The cost is \$17.00 per person and payment is due upon registration. Refreshments will be available but lunch will NOT be provided.

HEALTHY STEPS FOR OLDER ADULTS WORKSHOP

Please join us for a one day workshop that will educate you on fall risks. You will learn what resources are available to you and learn some tips to prevent falls. A free lunch will be provided by those that participate along with a gift. This workshop is scheduled for Thursday, April 17th, 9:00-2:00. Please sign up in the office or by calling 814-438-2146.



Are you planning on starting Medicare this year? Here is what you need to know.

Once ready to start Original Medicare with parts A (hospital) and / or part B (Medical), you will have options on how you want to receive your coverage. With Original Medicare, Medicare pays 80% and you pay 20% of your health care costs. That 20% can get expensive considering the Out of Pocket costs of deductibles, co-pays, and co-insurance. While some Medicare recipients opt to have coverage from Original Medicare and prescription coverage, many recipients choose coverage from private insurance such as Advantage Plans, also known as Part C, or through Medicare Supplements, also known as Medigaps. Recipients must have parts A and B to enroll in these plans.

Advantage plans bundle parts A, B, and often part D, which is prescription coverage, into one plan. These plans can help lower your out of pocket costs. The cost for Advantage plans starts at \$0 a month with an average cost of \$17. Advantage Plans work within specific regions /networks, and many offer extra benefits that are not part of Original Medicare, for example, help with vision, hearing, dental, and Over the Counter expenses.

Another popular way Medicare recipients choose their coverage is through a Medicare Supplement, or Medigap. Medigap plans are standardized plans providing coverage anywhere in the US where Medicare is accepted. The cost of Medigaps in PA ranges, however the average cost is around \$150. Medigaps are designed to cover more of your Out of Pocket costs. Unlike many Advantage Plans that roll your Part D coverage into one bundled plan, Medigaps do not include Part D coverage, therefore recipients pick up a Stand-Alone Part D Prescription Plan. These plans also have a range in cost with an average monthly premium around \$41.



VOLUNTEERS NEEDED

Are you looking to make a difference in your community?

Have you thought about volunteering?

The Union City Senior Center is looking for individuals or couples that would be interested in delivering Home Delivered Meals. This is a small commitment of less than two hours per week. If you think this might be for you, please contact us by stopping in or by calling us at 814-438-2146.

PIZZA AND PAJAMA PARTY.....


Yes, you read it right! We are having a pajama party on Monday, March, 17th. (Please, nothing too risky) We will be having Pizza for lunch so make sure you sign up on time. We will also have a 50/50 and \$5.00 bingo!





MARCH 2025



Monday	Tuesday	Wednesday	Thursday
3 CHICKEN TORTILLA SOUP & BAKED POTATO 9:00 Fitness 11:30 Bonanza Bingo 12:30 Bingo	4 SAUSAGE SUB 9:00 Line Dance 10:00 Bible Study 11:00 Arthritis Exercise 12:30 Crafts	5 FISH 9:00 Fitness 9:30 Poker 11:30 Speaker "Reach Your Goals" 12:30 Bingo TAXES	6 STUFFED CABBAGE 10:00 Line Dance TAXES
10 MEATBALL SUB 9:00 Fitness 11:30 Bonanza Bingo 12:30 Bingo	11 CHICKEN 9:00 Line Dance 10:00 Bible Study 11:00 Arthritis Exercise 12:30 Crafts	12 GOULASH 9:00 Fitness 9:30 Poker 12:30 Bingo TAXES	13 CHICKEN FETTUCCINI 10:00 Line Dance 11:00 Trivia TAXES
17 PIZZA  9:00 Fitness 11:30 Bonanza Bingo 12:30 Bingo 	18 PORK ROAST 9:00 Line Dance 10:00 Bible Study 11:00 Arthritis Exercise 12:30 Crafts	19 CHICKEN 9:00 Fitness 9:30 Poker 12:30 Bingo 10:30 BP Screening TAXES	20 HAMBURG  10:00 Line Dance 11:00 Not So Newly Wed Game TAXES
24 LASAGNA 9:00 Fitness 11:30 Bonanza Bingo 12:30 Bingo	25 OVEN FRIED CHICKEN THIGHS 9:00 Line Dance 10:00 Bible Study 11:00 Speaker "Fine Motor Skills" & Craft	26 FRENCH TOAST BAKE 9:00 Fitness 9:30 Poker 12:30 Bingo TAXES	27 POPCORN CHICKEN & MASHED POTATO BOWL 10:00 Line Dance 11:00 Family Feud TAXES
31 GRILLED CHEESE & TOMATO SOUP 9:00 Fitness 11:30 Bonanza Bingo 12:30 Bingo	1 CHICKEN SALAD SANDWICH 9:00 Line Dance 10:00 Bible Study 11:00 Arthritis Exercise	2 SWEDISH MEATBALLS 9:00 Fitness 9:30 Poker 12:30 Bingo TAXES	3 HAM 9:00 Tai Chi 10:00 Line Dance TAXES

How Do Your Donations and Fundraised Dollars Help Our Center?

Meal Donations help to off-set the cost of meals. On average, the actual cost of the meal is over \$7.00. Meal donations also help to maintain the building and maintain or replace if needed, a stove, a refrigerator, or a freezer. These dollars are vital to maintaining the Center and its daily operations.

Booster Donations and Fundraised Dollars help to pay for parties, entertainment and more. They also help to pay for programming opportunities like exercise, craft classes, computer usage, and again, more. These dollars are vital to your programming options and enjoyment of the Center.

Donations and Fundraisers are all voluntary; however, please continue to support your Center by whatever means you are able. The Centers and their services mean so much, to so many, and your support goes a long way towards helping your Center continue to offer programming and services. Would you like to make other donations? Ask us how you can help.

WE APPRECIATE YOUR DONATIONS!

The GECAC Union City Senior Center, Operated by Greater Erie Community Action Committee (GECAC), Area Agency On Aging, is funded in part by the Department Of Aging.



Dr. Benjamin Wilson, CEO



Ray Maholtz,
AAA Division Manager